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Understanding each person's culture
is as unique as their fingerprint.

Welcome! Benvenuto!
καλωσόρισμα! स्वागत है!

NEW TIP

CULTURA MODEL

HOME CULTURES LINKS NOTES

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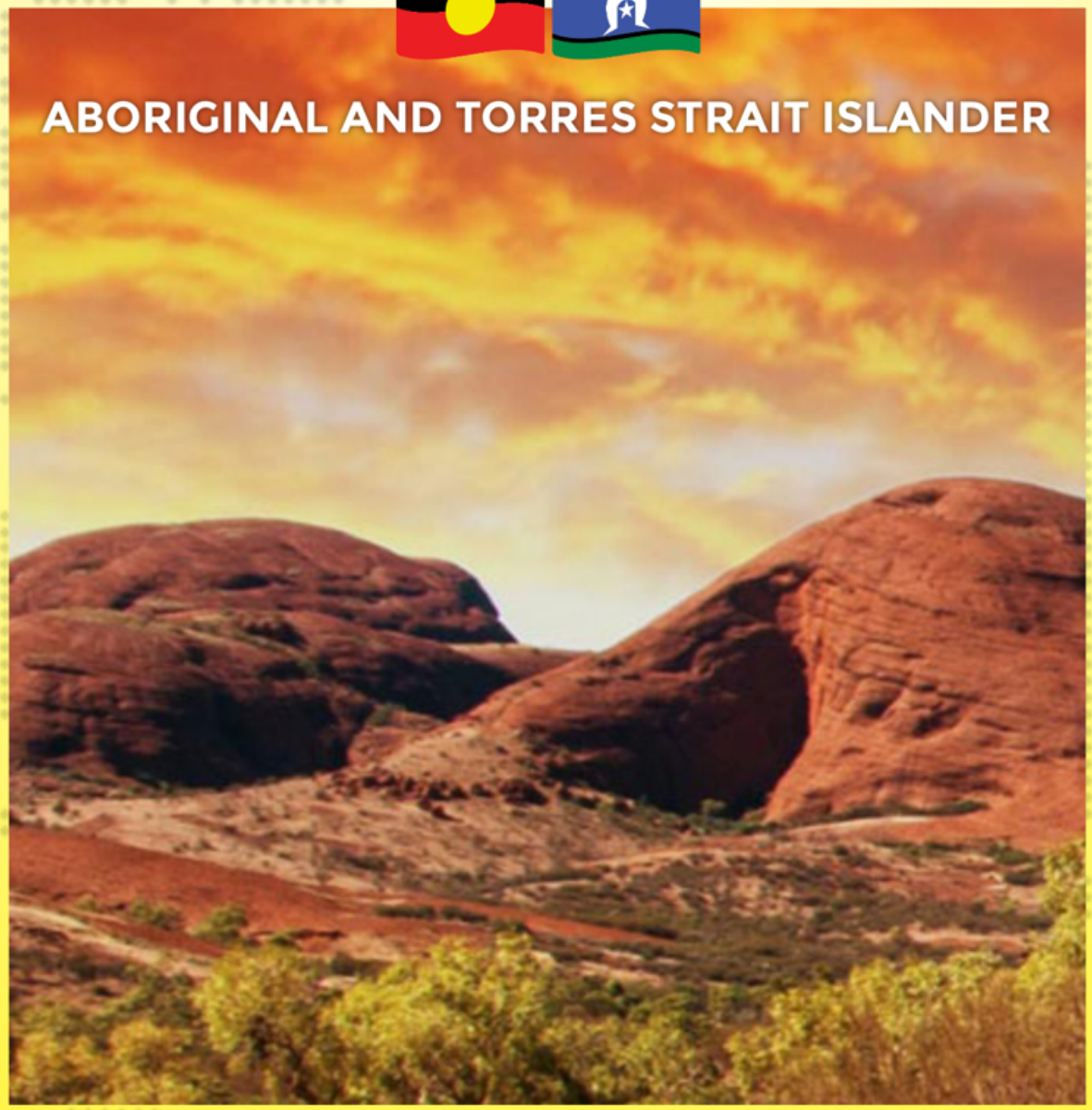
CULTURAL INSIGHTS



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CULTURAL INSIGHTS

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z MORE

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USEFUL LINKS & RESOURCES

CONTACT US

- ALZHEIMERS' AUSTRALIA OFFICES
- COMMUNITY CONTACTS
- CULTURAL PROFILES
- GOVERNMENT ORGANISATIONS
- COMMUNICATION & SIGNAGE
- OTHER LANGUAGE RESOURCES
- TRANSLATING AND INTERPRETING
- DEMENTIA APPS
- OTHER USEFUL APPS
- DEMENTIA WEB LINKS
- OTHER USEFUL WEB LINKS
- LEGAL & DISCLAIMERS

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MY NOTES

Add a Note by pressing on the screen over the text you want saved. Release your finger and then use the round grab points on the screen to drag and highlight over of the text you want saved. Then tap 'Add to My Notes'. You can either 'Add Comments' or just 'Save' your copied note.

HOME CULTURES LINKS NOTES

Countries that share land borders with India include: Bangladesh, Bhutan, Burma, China, Nepal and Pakistan.

India has a total area of 3,287,263 square kilometres and is the 7th largest country in the world.

The population of India is 1,266,865,598 (Central Intelligence Agency, 2006).

According to the 2001 Census, India rated second among the most populous nations of the world, with Mumbai, Delhi and Kolkata having the highest metropolitan population areas.

The major ethnic groups in India include: Indo-Aryan, Dravidian and Mongoloid.

The climate in India includes tropical monsoons in the south and temperate weather in the north.

Determine what culture or cultures your care recipient identifies with.

Keep in mind that the culture in metropolitan areas varies with culture in rural areas and that culture in different regions within a country may also vary significantly.

Learn about your care recipient's life history, and who they identify with, to determine their individual cultural traits. Document any significant details.

Understand how your care recipient's culture informs their values, behaviours, beliefs, assumptions, likes, dislikes and sensitivities.

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pictures of india

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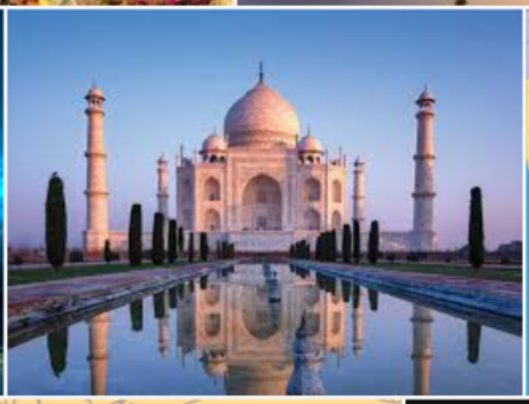






Awareness of dementia by the general population in India is limited, and there is often the misconception that signs and symptoms are a normal part of ageing.

Dementia may be given different names such as, "Chimmer" which means "childishness" in Malayalam language, "nerve frakese" which means "tired brain" in Konkani language.

There may also be the belief that dementia is caused by a higher power, family neglect, abuse, tension or a lack of love. It may also be attributed to bad karma.

Similar to other Asian cultures, there may be the belief that suffering is part of life which may result in a delay with Indian people seeking treatment.

Prayers are usually read to the dying by family, friends or pastoral workers.

Sikh people wear five articles of Sikhism (or faith) including: kesh (uncut hair and beard), the kanga (a semi-circular hair comb), the kara (a bangle made of steel or gold and is worn on the right wrist), the kirpan (a symbolic dagger which is worn

- Indian elders may experience feelings of distress and abandonment by being separated from their family to be placed in residential care.
- Indian males may display traits of pride and dominance whilst Indian women may be very timid.
- Generally, preference is given to care at home, support services and then residential care.

Health professionals of the same sex are preferred, especially in the event of physical examination.

Community support, hospice and hospital services are also generally accepted amongst the Indian community.

Residential care may create some stress as it is traditionally viewed as a service for the very poor in India, and as such may cause stress for seniors in Australia who are being placed in residential care.

Generally, family and friends rotate as carers for the sick or elderly. This should be encouraged to continue in the event that an elderly Indian person is placed in residential care.

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INDIAN

OVERVIEW

TRADITIONS

HEALTH & CARE

COMMUNICATION

PEOPLE

SPIRITUALITY

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BACK

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INDIAN

OVERVIEW | TRADITIONS | HEALTH & CARE

COMMUNICATION | PEOPLE | SPIRITUALITY

- ATTITUDES AND UNDERSTANDING OF DEMENTIA AND OTHER HEALTH ISSUES
- ATTITUDES TO RESIDENTIAL CARE
- ATTITUDES TO PAIN
- ATTITUDES TO END OF LIFE CARE
- CARE INFORMATION

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INDIAN

OVERVIEW | TRADITIONS | HEALTH & CARE

COMMUNICATION | PEOPLE | SPIRITUALITY

SPIRITUAL CARE >

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INDIAN

OVERVIEW | TRADITIONS | HEALTH & CARE

COMMUNICATION | PEOPLE | SPIRITUALITY

- I OR WE ATTITUDES
- FAMILY AND FRIENDS
- CONCEPT OF TIME
- GENDER
- MANNERS AND TABOOS

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INDIAN

OVERVIEW | TRADITIONS | HEALTH & CARE

COMMUNICATION | PEOPLE | SPIRITUALITY

- SUPERSTITIONS
- FOOD AND DIET
- CULTURAL TRAITS
- SPECIAL DAYS - EASTER
- SPECIAL DAYS - CHRISTMAS
- SPECIAL DAYS - NEW YEAR
- SPECIAL DAYS - OTHER
- CULTURAL ACTIVITIES
- MUSIC

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BACK

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INDIAN

OVERVIEW

TRADITIONS

HEALTH & CARE

COMMUNICATION

PEOPLE

SPIRITUALITY

GENERAL COUNTRY INFORMATION

HISTORY

INDIAN

OVERVIEW

TRADITIONS

HEALTH & CARE

COMMUNICATION

PEOPLE

SPIRITUALITY